

## BHC Process for MAT Patients

1. When a patient is started on MAT treatment warm handoff to BHC happens at that appointment. If BHC isn't available patient is scheduled to see BHC as soon as possible.
2. Minimal 3 BHC appointments for MAT patients:
  - a. First BHC appointment to address reasons & values motivating change, barriers to change, beginning behavior goals and encourage completion of GAINS explaining value of that information in the process of treatment.
  - b. Second appointment to follow up on progress & identify tx/relapse plan
    - i. Tx/Relapse Plan – the ideal is that GAIN is completed and treatment recommendations are followed. NA/AA group, sponsor or attending some type of support group for additions can work if patient refuses GAINS.
  - c. Third appointment would be 4 month follow up to check on progress.
3. If patient refuses to engage in any type of treatment or support group BHC works on identifying resistance and creating a relapse/support plan that is satisfactory for both PCP and BHC.
  - a. This may include repeated follow up appointments beyond the initial 3.